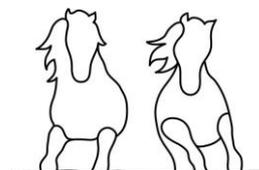


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RIDER/HORSE

Anita Miles
Striker, 11yrs
Traditional Cob

I have owned Striker 2.5 years. He was a show horse before I owned him. He was very heavy on the forehand and pulled excessively on the bit. I had a problem with him not being comfortable to turn left back last autumn. X-rays showed that he had arthritis in his lower neck and some remodelling of two or three dorsal spinous processes under his saddle. Although these spinous processes showed some remodelling, they actually had adequate spacing. The rest of his spine, although there is space between each process, is pretty tight in there. He is not at all reactive to palpation of his back. The problem going left was due to the neck Arthritis. When I told JLC the X-ray results he said he was not surprised at all. The way Striker has gone in the past and the way he was pulling me about it was bound to happen. So, the pulling match had to stop and we had to become lighter with better balance quickly. Having ridden with JLC in January and February I have been able to make some good progress. The pulling match between Striker and I is so much better, and I am very much more aware of my own body and the influence, good and bad, it has on the horse. I am looking forward to my lessons as I have become ever so slightly addicted to SOM. When JLC goes home this time, not to be returning until November, there will be some of us that have serious withdrawal!!!

Cath Tomson
Ronda, 8yrs
PRE-Mare

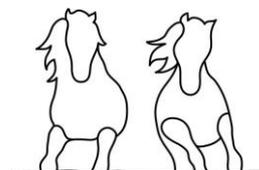
I have owned Ronda for 4 years, she was imported from Spain as a 3-year-old, I was looking for my next young horse (ideally a warmblood) to build a partnership with and compete in dressage. I saw Ronda and fell in love with her and immediately decided my next horse would be a PRE! She was very weak and still had a lot of growing to do so I brought her on slowly and focused on groundwork initially. She started to develop an irregular movement pattern throwing her right hind leg to the outside which I suspected was pain related. After veterinary investigations it was identified as proximal suspensory desmitis in her left hand and some inflammation in her right stifle. She was treated for both at the beginning of 2018 and I started riding her again in June last year. She is very willing and a lovely mare so she will try her heart out, but I am keen to learn from Jean Luc and SOM how I can improve my knowledge, riding and training to help maintain her health and well-being and apply it to my other horses and my teaching.

Debbie Sneddon
Flip Flop, 6yrs
homebred gelding

I had been looking for a new horse for some time, when a friend called to ask if I was interested in a project. The horse was being PTS that week, so I'd have to move fast! He was home bred and at three was sent away to be started and then to be produced for high level dressage. The usual draw reins, whips, spurs and high pressure were used to "train" him. He returned home after time because he was lame and untrainable! Scans showed front suspensory and hock damage, so the usual box rest, bute, and injections followed. Then in-hand walking followed by ridden schooling. They could keep him sound until the canter work started and he'd go lame again. This process was repeated many times over two years and eventually the owner gave up. The horse was becoming increasingly dangerous in the arena and no one would ride him. The decision was made to PTS. I get many calls regarding horses that people have given up on and I mostly say no. I'd love to rescue them all, but it's impossible. So, I don't know why I took this one!!! Before even thinking about rehabilitating him to soundness, I've had to do a lot of work with him mentally. He was not interested in forming any kind of partnership with a human. Most of the time he acted as if I wasn't there. Slowly he is showing more interest in joining me. After lots of preparation I have started ridden work (he would rear if I touched the bit or plant and freeze if I used any leg). He would rather speed off than think about collecting his body into balance and steering is a problem, but we can now walk a straight(ish) line and sometimes even turn when I want to! He is heavy on the forehand and twists behind the vertical. He has a severe inverted rotation to the right and no movement (without panic) through the lumbar area. The right hind is very weak and rotates through the hock and stifle. Hopefully JLC won't think I'm mad taking on such a project! For further updates on his progress, join me on my Facebook page or website, www.soundequitation.co.uk. After the lesson, feel free to come and chat to me and Flip Flop!

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Emma

Curwood

Enzo, 13yrs Dutch
Warmblood

I am coming to the clinic with my Dutch Warmblood, Enzo who I have owned almost 4 years. He came to me in poor condition and with little history but had obviously suffered in the past from "traditional" training methods and gadgets resulting in a damaged body & brain. We've spent most of our time together so far working on soundness following diagnosis of navicular changes, torn DDFT and other soft tissue damage in his right fore. I discovered SOM over a year ago when researching approaches to developing soundness and have been waiting for this clinic opportunity since then. I am hoping Jean Luc will help us both to develop our ridden work to lay solid foundations for soundness and unlock the potential in my beautiful horse.

Fields Wicker-

Miurin

Gabriel (aka,
Angel Child) 8yrs
KWPN gelding

Gabriel and I have been together two and a half years. I found him on a farm as an inexperienced but wonderfully sound 5y/o, beautifully athletic, but weak. He made steady progress over the first year, building muscle, strength and suppleness. He has always been sensitive around his poll (bad head injury in a lorry before he came to me), a bit stiffer to the left than the right, and conserves energy rather than uses it when he doesn't have to. About a year ago, after another lorry incident, I noticed he wasn't moving the way he used to. He had vet and physio checks which showed nothing, but I persisted with these regularly. I was convinced something was going on. I changed his saddle, his exercise regime, did blood tests twice and changed his diet. He was intermittently better then stiff, lacking suppleness and forward energy again. He wasn't using his back or pushing from behind and he would set his jaw and poll – but why? I seemed to be the only person who thought something was wrong until he went visibly lame in October - RF fetlock inflammation, RF coffin joint, and after an MRI, we discovered seedy toe in both fores. We also discovered he is borderline EMS. His RF was medicated, he had box rest and in-hand walking over the winter, then under saddle, and we just started cantering again 2 weeks ago. He feels much better, but I am not convinced we have got to the bottom of why he holds himself a bit protectively - is it pain or memory of pain??? I have been following JLC for years and I am keen to learn what I can do to help Gabriel be the happy, healthy, sound and fulfilled athlete and partner I want him to be - for a very long time.

Fiona Webb

World Horse
Welfare Teddy,
low mileage
19yrs Welsh
(possibly x Arab)

Teddy and I have been together 11 years. I met him while training in Bowen on Horses at WHW Penny Farm. I wasn't looking for a third pony but Teddy chose me to be his rehome! He is very sensitive, willing but wants to stay with what he knows. I've spent a long time trying to get him to improve his balance. He takes a hold, tightens his back and powers along which is very difficult to influence. Trot has been the hardest to improve. What I've lacked in knowledge, I've at least made up for in patience and commitment! Since discovering Jean-Luc's approach 2 years ago, and being supported by Debbie Sneddon last summer, we have made much more progress in Teddy's physical balance and this has helped him emotionally too. His walk is slower, canter transitions easier and he is a little less spooky. We are getting something of a left bend. His trot out hacking is a steadier pace. It does revert to turbo-speed when he sees poles and jumps; he is very enthusiastic about show-jumping! Jean-Luc recommended it for him as a good way to get him using his back differently, so I am picking up on this again the last few weeks. Work commitments and winter have meant little riding time the last few months. This clinic times well to help move us on again. I look forward to Jean-Luc's input and interpretation of what Teddy is doing in his body (and me in mine) and the adjustments we can make to help him use his back muscles to control his energy, stay calmer and look after himself well into his twenties.

Genevieve

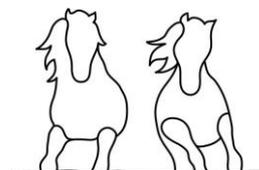
Grinter

Chico, 12yrs
gelding

I found Chico in a hunt hire yard as a five-year-old and couldn't leave him there. I've now have had him for seven years. We initially started down a 'classical' dressage path, but Chico had severe ulcers that led to severe hind gut issues which, as they got worse, made him very crooked. As I worked to resolve the hind gut issues, I discovered that the trainers I worked with couldn't help me straighten him because they didn't really understand his crookedness. I was fed up with being told that Chico's problems were down to his 'attitude' when he was obviously unable to move correctly for a physical reason that no one could explain. I discovered SOM and started the SOM journey in 2015. Due to work and personal commitments it has progressed quite slowly but with the help of Sarah Williamson and Annie Mason, Chico is becoming straighter and happier in his own body. I'm also becoming a much more empathetic and understanding rider which has always been one of my riding goals.

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Helga Nitsche

Lunardi 16yrs
Warmblood
gelding

I have owned Lunardi since he was a foal. We have competed a bit a lower level Dressage, but we struggle with collection. His hocks, fetlocks, back and sacroiliac have been medicated but none of it really "hit the spot". He has been barefoot for 7 months now and is having cranio-sacral treatments. We attended a JLC clinic beginning of February and I am really looking forward to learning more about SOM.

Jennie

Blakehill

Rupert, 12yrs TB
x Warmblood
gelding

I have been a student of the horse my whole life, I've studied with Parelli and Classical trainers, but it was Rupert, who I'm riding here at this clinic who helped me find SoM. I'd been reading JLCs work for a while and finally in December 2016 I went to his first UK clinic, and I was blown away. I knew this work was the key to developing all my horses, particularly a rather troubled and broken horse that I had just taken on for rehabilitation. Rupert had been diagnosed with Kissing Spines, SIJ dysfunction, caudal heel pain and stomach ulcers. He had been showing serious behavioural issues; rearing, bucking, napping and was unable to canter under saddle. I was helping his owner as a last ditch-attempt before he was PTS. Rupert had veterinary treatment for the KS and came to me after 1 month of in hand walking exercise. It quickly became clear that although he was no longer in direct pain the memory of pain was still creating very defensive behaviour in him. Gradually, with the SoM work Rupert began to trust again. I ended up buying him from his owner and we spent the last two years Eventing together finishing the 2018 season placing 6th in our first BE100. Our goals for the future are continued development of his body and mind, and having some fun with BE in the summer, maybe stepping up the levels again! At this clinic we will be focusing on jumping with JLC; developing the correct co-ordination and biomechanics for advancing our jumping ability.

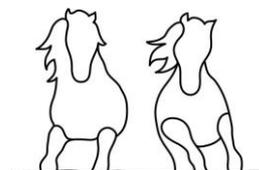
Jo Carr

Killags Zorro,
17hh 10yrs
gelding

Zorro was backed for his breeder and clearly something happened as he is very nervous, especially down his right side. Despite using some quite novel desensitising techniques, his flight instinct takes over with sudden movement or angry voices. He is, however, a sweet and gentle horse – except when mounting. From the start this was a problem, which we believed was a fear reaction as the right leg came over, but after he had an operation to fix a tendon sheath injury and lost muscle, it got worse and he would buck constantly. A back x-ray showed he had kissing spines - not acute but being so sensitive they can lead to him bucking violently as he feels you get on. Once on, he has always been fine. We now have a system for mounting which works and we never vary. He has had two operations – the tendon sheath and then DDFT right fore, injured in the field. The DDFT injury happened at a professional event yard after I had sent him there to get him going. Prior to that he was winning low-level events and he recovered well from the op, but the subsequent work did not go well. At the beginning of 2018 he decked the pro in some style and when assessed, we found he was lame in his right hind when ridden. In hand, even with the vet's gait sensor, he was sound. He was also incorrectly muscled and rigid in his back. He came home and I was certain the lameness was to do with his back, but having been ill myself, I thought I would never ride him again and was struggling for a way forward until I found Science of Motion. I almost died at a freezing clinic during the Beast from the East in March 2018 – but through the chattering teeth found it all fascinating and started working my horses using JLC's approach. JLC's knowledge, and his eye, are quite astounding and since he assessed Zorro in January and has given me a way forward, the transformation in the way he is muscling and using himself as he moves has been profound. I have also noticed how he is so much happier with life and calmer in his mind since we started this approach – we are both well on the way to becoming addicted to the Science of Motion – it is fascinating, highly effective - and, for me personally, offers the very real pleasure of finding the path to way I have always wanted to ride!

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Julie Gough
MYN PRE
10yrs gelding

I have owned MYN nearly all his life. He was imported at a very early age and suffered a fall as a foal on the transporter. He has had lots of lameness issues all his life and at 6 years of age I was told he will never be sound and to PTS. Unfortunately he has been off work for the last year year due to a straight sesomodean ligament injury. He needs to learn how to move correctly as he doesn't know how. This mechanical problem can be sorted if I can show him another way to move, so this clinic is the best way to get him going again.

Karen Scott-Barrett
Don Diego,
11yrs KWPN
gelding

I bought Dio 4 years ago and he had been trained as a driving horse from 3 years old so had very little ridden training. He used to become very tense when driven (and ridden) and would contract himself, drop his back and tuck his head behind the vertical and become unlevel. He had very poor muscling over his back and hindquarters and no balance and was heavy in the hand, he felt like a tall ship in the wind as he had no lateral balance either and he plaited with both his front and hind legs. I used to event as a teenager but gave up riding due to joint problems when I was 19. I started carriage driving 10 years ago and Dio and I were members of the British team at the Single Horse World Championships in 2018. I started riding him 2 years ago because I hoped I could help him more this way and having had two hip replacements I could actually ride again. It has been a wonderful, fascinating and rewarding journey for both of us with the help of Jean Luc and Science of Motion which I have been studying for the last 5 years.

Laura Cartwright
Penn, 17yrs ISH
x PBA

I have owned Penn for 11 years and he was initially a very big project for me when I first bought him. I had come straight off riding school horses, so he was my first owned horse who was extremely raw and inexperienced in everything. Because of that, our progression was very slow and being such a sensitive horse, gaining his trust took a lot of hard work and patience. Together we have formed an incredible bond over the years, and he is now a totally different horse to when I first bought him. We have attended the SOM clinics in 2016, 2017 and 2018 to further our ridden training and these have been extremely beneficial to us resulting in better balance and strength in Penn. We compete at Elementary level dressage now and always looking to improve as much as we can; the SOM way!

Nicole Schneider
Roma, 15yrs
Dutch
Warmblood
mare

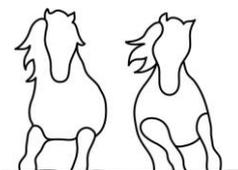
Roma and I have been working with Science of Motion principles since 2016 and it has transformed us! By studying the incredible information that Jean Luc shares, and with the support of Debbie Sneddon, I have become a much more knowledgeable and sensitive rider. She is a tricky horse, who once upon a time fought every question asked because she was so uncomfortable and consequently unconfident and defensive. It was not about the movement anymore but became about surviving by refusing everything. She is still a very sensitive mare and I must take care to ask the questions correctly, but this work has totally changed her attitude to life as she has become stronger, more balanced, more capable and more trusting as a result. There is very little she won't try for me these days and it is all the result of this work. Onwards and upwards!

Sarah Williamson
Tey, 7yrs PRE-
stallion

Tey came to me in Sept 2018 with a history of sacroiliac problems. He had his sacrum injected in April 2018 but by mid-August was showing signs of trouble again. He would shoot off unpredictably and had trouble with his balance in canter, particularly to the left. He lacked muscle behind but was very overdeveloped in his neck. His crest has fallen to the right. He is a Stallion so with his previous trainer he wasn't turned out and only came out of his box to be ridden which was approximately 5 times a week. He now has daily turnout plus regular work and is coming on well but, due to my inexperience with the Iberian horses I felt that JL's input would be invaluable for his long-term soundness

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RIDER SCHEDULE

Time	7th March	8th March	9th March	10th March
9.30 - 10.15	LECTURE	LECTURE	LECTURE	LECTURE
10.15 - 10.30	Break	Break	Break	Break
10.30	Karen	Fields	Julie	Julie
11.15	Sarah	Karen	Helga	Helga
12.00	Laura	Jo	Nicole	Nicole
12.45	Jennie	Sarah	Cath	Cath
1.30 - 2.15	Lunch	Lunch	Lunch	Lunch
2.15	Jo	Laura	Debbie	Debbie
3.00	Anita	Anita	Fiona	Fiona
3.45	Nicole	Jennie	Emma	Emma
4.30	Fields	Nicole	Genevieve	Genevieve